

# Maryland School Mental Health Response Program (MD-SMHRP)

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Presented By | Michael Muempfer  
Director Maryland School Mental Health Response Program



# Maryland School Mental Health Response Program

## Core Coordination Maryland School Mental Health Response Program (MD-SMHRP)

**Program Director:**  
Mike Muempfer

**Administrative Specialist:**  
Ashley Stewart

**Child and Adolescent Psychiatrist:**  
Dr. Jeff Bostic

## Maryland School Mental Health Response Team (MD-SMHRT)

- **Behavior Analyst**      Brandon Trapp
- **School Nurse**            Bianca Gaines
- **System Navigator/Counselor**  
Candra Jackson
- **Substance Use Counselor**  
Nia Noakes
- **2 School Social Workers**  
Diana Cron            Elizabeth Acheampong

## National Center for School Mental Health, University of Maryland School of Medicine (NCSMH)

- Dr. Sharon Hoover
- Dr. Jill Bohnenkamp
- Dr. Nancy Lever
- Catie Carpenter

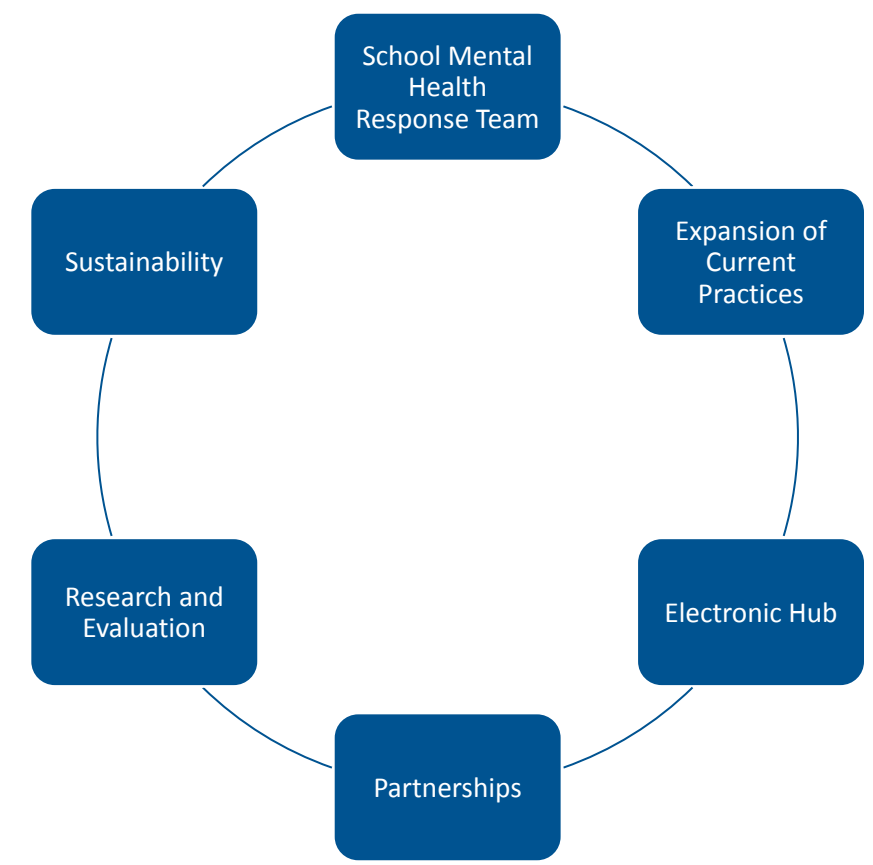
# Maryland School Mental Health Response Program

Maryland State Department of Education (MSDE) has developed the Maryland School Mental Health Response Program (MD-SMHRP) to provide timely consultation and support to school systems to address student and family mental health concerns.

Enrich and enhance, not replace, the work of site-based student support services personnel

## Components of MD-SMHRP

1. School Mental Health Response Team
2. Expansion of Current Programs
3. Electronic/Web-Based Hub
4. Research and Evaluation
5. Partnerships
6. Sustainability



## School and district leaders can access:

- Consultation
- Training
- Community of Practice

**Enrich and enhance, not replace,** the work of site-based student support services personnel

## School Mental Health Response Team and NCSMH

- Consultation related to best practices around mental, physical, and behavioral health
- School Health Assessment and Performance Evaluation System (SHAPE)
- Connection to:
  - Social Worker
  - Behavior Analyst
  - School Nurse
  - System Navigator
  - Substance Use Counselor
  - National Center for School Mental Health

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## SHAPE

- School Health Assessment and Performance Evaluation System (SHAPE)
  - Free interactive tool designed to improve school and/or district mental health accountability, excellence, and sustainability
  - Created by our partners at the National Center for School Mental Health



## Maryland School Mental Health Response Team and NCSMH

- **Trainings for district and school-based staff**

- Mental health literacy for educators
- Adverse childhood experiences and trauma
- Fostering positive teacher-student relationships
- Positive school climate
- Cultural inclusiveness and equity
- Re-engaging and increasing student motivation
- Educator well-being including self-care
- Crisis de-escalation
- Early childhood mental health

- **Exclusive Professional Development provided by the MD-SMHRT Child and Adolescent Psychiatrist**  
**Enrich and enhance, not replace,** the work of site-based student support services personnel

- Child and adolescent brain development
- Early Childhood Mental Health
- Function of behavior

## Classroom WISE

- Well-Being Information and Strategies for Educators
  - Developed by the Mental Health Technology Transfer Center (MHTCC) Network with our partners at the National Center for School Mental Health
  - Satisfies the Behavioral Health component (one of two components) of the COMAR legislative mandate 13.A.07.11 Student Suicide Prevention and Safety Training in the state of Maryland.



MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration





## LEAs, NCSMH, and the School Mental Health Response Team

- **Establish a Learning Community of Practice to provide access to:**
  - Monthly virtual webinars on topics related to best practices around mental, behavioral, and physical health
    - **September:** School Staff Well-Being
    - **October:** Recruitment and Retention
    - **November:** Universal Screening and Referral Pathways
    - **December:** Crisis Management to Eliminate Seclusion and Restraint
    - **January:** Positive Teacher-Student Relationships
    - **February:** Funding School Mental Health
    - **March:** Family Partnership in Student Mental Health
    - **April/May:** To Be Determined (based on LEA input)
      - Designated office hours for personalized/group support from the Maryland School Mental Health Response Team
  - Office Hours
    - **April/May:** To Be Determined (based on LEA input)
  - Specific Skill Development
    - Targeted based on need

## School Mental Health Response Team and NCSMH

### Phase 1

- All 24 LEAs attended introductory webinar
- All 24 LEAs were met with individually for initial assessment interview
- All 24 LEAs received a summary document including strengths, challenges, training and TA needs, and an initial action plan
- 22 of 24 LEAs have had follow up meetings and have begun implementing portions of their action plan

### Phase 2

- Implementation of LEAs action plans
  - Examples include SHAPE, Classroom Wise, Teacher Wise, Complex Case Analysis, Professional Development, YMHA, PD Planning, MTSS Mental Health Integration, LGBTQIA+ Resources, Referral Best Practices, Mental Health Resources, etc.
- Learning Community of Practice
- Crisis Support

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## Intended Outcomes

- Provide mental, behavioral, and physical health support for schools and districts.
- Provide school mental health training and professional development for school and district personnel.
- Build the capacity of school and school system comprehensive school mental health systems.
- Support LEAs in connecting students and families with local mental health resources.
- Enhance capacity for on-site school personnel to support student and family mental health needs
- Increase student and family access to high-quality coordinated mental health services (prevention, response, and wrap around)
- Increase educators' knowledge in supporting students and families experiencing distress

# Questions or Comments





# Thank you

**Mike Muempfer**

Director

Maryland School Mental Health Response Program

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